# Red Zone Micro Session #2:

### **Best Practices for Supporting Students**

Erica Butler, M.Ed. – Wellness Coordinator, Sexual Health & Violence Prevention (She/Her/Hers)





### **Upcoming Red Zone Programming**

### **Red Zone Micro Series**

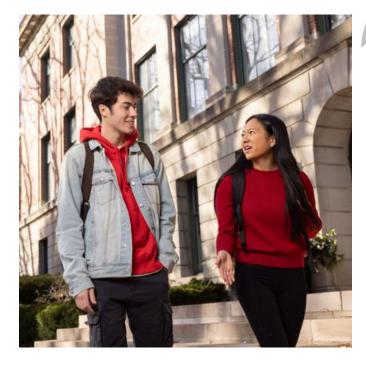
Every Thursday until October 10<sup>th</sup> Zoom

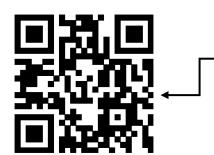
### **Bystander Education Webinar**

September 24, 2024 1 – 2 PM Zoom

### **Silent Disco Party**

October 22, 2024 7 - 10 PM Ohio Union Performance Hall





Scan QR code to get Registration Links + Info!



### **Our Goals for Red Zone Programming**

- To equip and empower all students, faculty and staff
- To promote campus-wide collaborations and partnerships
- To ensure that all campus locations have adequate support resources and information
- To increase efforts to create a safer and more violence-free culture at Ohio State



## **Learning Objectives**

By the end of this micro session, staff & faculty will have learned:

- 1. Some general best practices for being a safer support system for their students
- 2. What resources & services are available on campus if students disclose some type of sexual harassment, abuse, &/or assault
- 3. How to best handle being a mandated reporter as staff & faculty at OSU





# What is the "Red Zone"?



### The Red Zone, Defined

### The Red Zone is...

a period from the beginning of orientation till the start of winter break when over 50% of campus sexual assaults occur, with particular risk from the start of move-in to the beginning of Thanksgiving break.









### **Best Practices**

### LISTEN

- Listen openly & be supportive.
- Refrain from judgmental questions.
- Don't allow myths to impact how you perceive the situation.
- Encourage the student to seek supportive measures – confidential & nonconfidential campus & community options available at <u>equity.osu.edu</u>.
  - If student is in danger, offer to assist them with accessing emergency services if that's a safe option for them.

### SAY

- I'm sorry this happened to you.
  - It wasn't your fault.
- Thank you for trusting me with this information.
- I'm always here if you want to talk.
  - Can I help you get connected to resources?
- Survivors of crimes such as sexual assault, stalking, domestic or dating violence are strongly encouraged to report the crime to law enforcement.



# **Applying Best Practices**

"Thank you for trusting me, I value your safety and experience. I would like to connect you with resources that can be supportive to you and as a staff member of Ohio State I am required to report matters like this to the Office of Institutional Equity for your safety. Their office can connect you with resources where you can discuss your experience and seek help if you need it. I can't promise an outcome, but I can promise that there are options available to you if you are interested. If there is anything that you need to feel safer on campus, you can speak with one of the Civil Rights Intake Coordinators."



### **Best Practices**



### WHAT TO NEVER SAY

- It was your fault.
- You could have avoided it had you \_\_\_\_\_
  - You wanted it./You were asking for it.
- It's not that big of a deal; it happens to a lot of people.
  - I don't believe you.
  - Don't even bother reporting.





# Your Duty to Report as OSU Staff & Faculty



### **Your Duty to Report**

- All university employees, except those exempt by legal privilege of confidentiality or expressly identified as a confidential reporter, must report incidents of sexual assault immediately.
- In addition to the requirement of reporting incidents of sexual assault, the following university members must also report other incidents of discrimination, harassment, sexual misconduct, and prohibited relationships when they receive a disclosure or become aware of information that would lead a reasonable person to believe that discrimination, harassment, sexual misconduct, or prohibited relationships may have occurred involving anyone covered under this policy. These individuals must report all knowing information as soon as practicable but at most within 5 workdays of becoming aware of such information:
  - 1. Any human resource professional;
  - 2. Anyone who supervises faculty, staff, students, or volunteers;
  - 3. Chair/director; and
  - 4. Faculty member.









### Be A Red Zone Support Champion!



Post the link to Red Zone website or the program flyer in your online platform where you mainly communicate with students



Share SARNCO & The Office of Institutional Equity contact info with students



Talk about the information you learned at this micro session with students



List the SWC as a resource for more information on this topic



Attend upcoming micro sessions that cover a range of topics specific to your role as staff + faculty



Invite SWC into class to talk about sexual violence prevention + healthy relationships



Provide extra credit for students attending an event



# Statewide & Other Resources

Ohio Alliance to End Sexual Violence
Ohio Department of Health Prevention Resources
Ohio Sexual Violence Helpline
Shattering the Red Zone — PAVE
Rape and Incest National Network
It's On Us
Join One Love
Love Is Respect
National Sexual Violence Resource Center





# Campus Resources

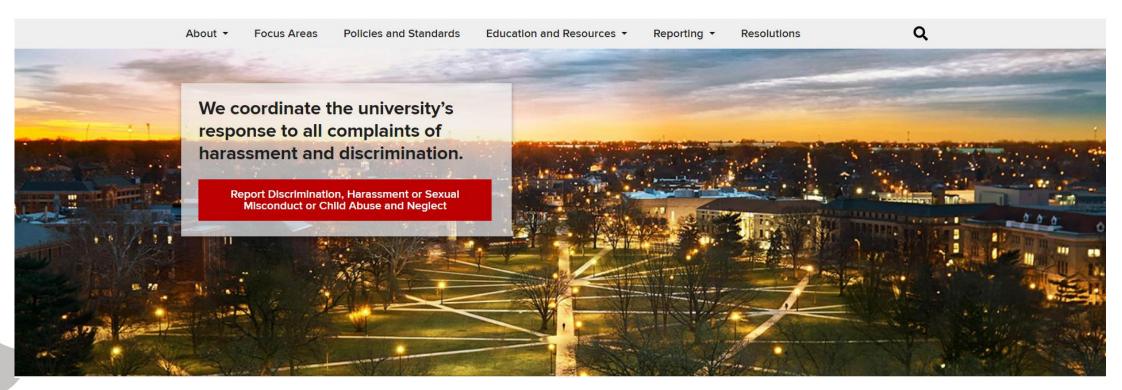


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Office of

### **Institutional Equity**







# Has sexual violence impacted your life or someone you know?

# SARNCO offers free, confidential, independent assistance to anyone on campus impacted by sexual violence.

Our Ohio State University office serves to OSU students, staff, faculty and visitors:

- Confidentiality
- Crisis response
- Emotional support and listening
- Support with protection orders

- Safety planning
- Connection to vital resources
- Support with Title IX sexual misconduct procedures



We're here to help. Scan the QR code to contact us today.





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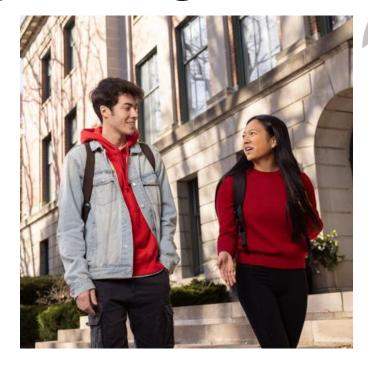
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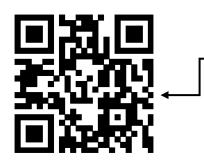
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# **Your Feedback Matters**



Visit go.osu.edu/swcpresentation or Scan our QR code





# Thank You

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