

Red Zone Micro Session #5:

Beyond the Red Zone

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THE OHIO STATE UNIVERSITY

OFFICE OF STUDENT LIFE



Upcoming Red Zone Programming

Red Zone Micro Series

Every Thursday until October 10th

Zoom Webinar

* Previous sessions posted to the website for on-demand watching

Silent Disco Party

October 22, 2024

7 - 10 PM

Ohio Union Performance Hall



**Scan QR code to
get Registration
Links + Info!**



Our Goals for Red Zone Programming

- To equip and empower all students, faculty and staff
- To promote campus-wide collaborations and partnerships
- To ensure that all campus locations have adequate support resources and information
- To increase efforts to create a safer and more violence-free culture at Ohio State



Learning Objectives



By the end of this micro session, staff & faculty will:

1. Become aware of how to best continue the support, create awareness, and provide resources about sexual violence prevention for the entire year outside of the Red Zone
2. Learn tips for how to effectively talk to colleagues and other employees about the type of environment they're contributing to on our campus



What is the "Red Zone"?



The Red Zone, Defined

The Red Zone is...

A period of time (from **First Day of Classes** to **Thanksgiving Break**) when students on campus are most vulnerable to sexual assault. It is also called *pre-exposure*, meaning it's the time before college students feel comfortable in their new environment.



Micro Series Overview



Micro Series Overview



We've discussed...

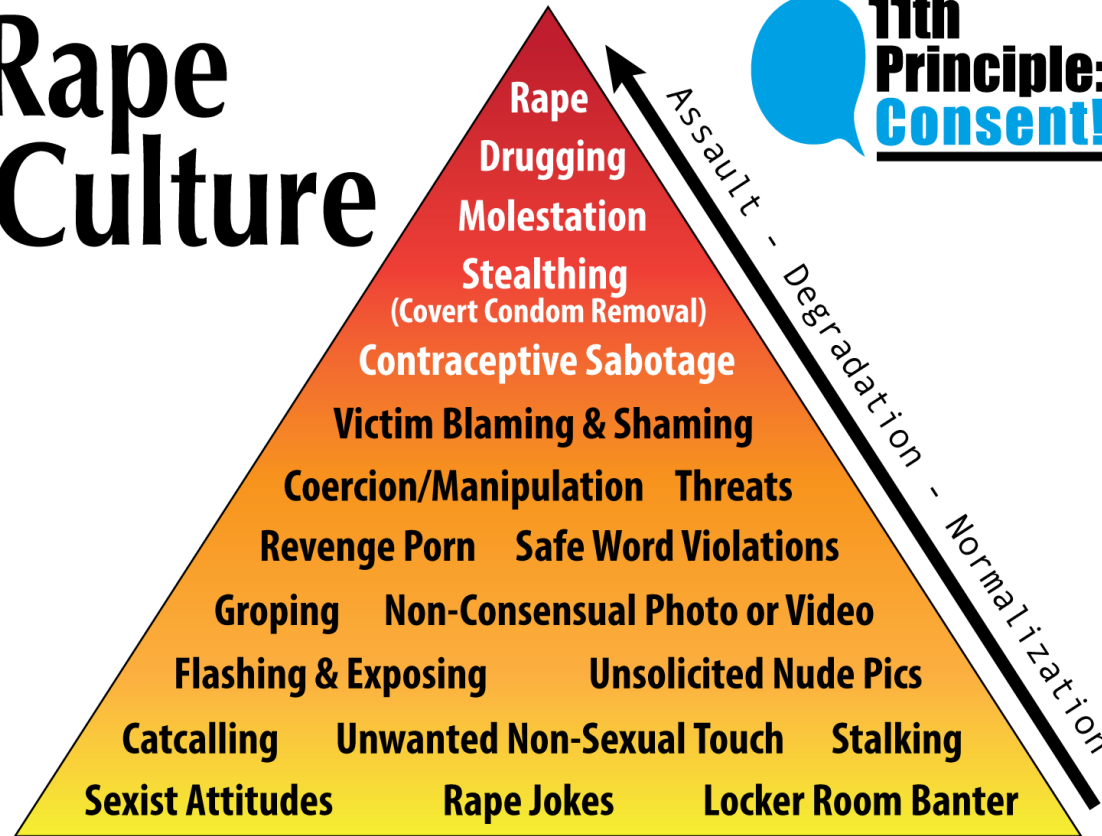
- What The Red Zone is
- How to be a support champion for the programming on campus
- Best practices for supporting students & handling the mandated reporter duties
- Bystander intervention education and helping to create a violence-free campus
- How to handle being part of a student's support system while also taking care of yourself in the process



Rape Culture & the Normalization of Behaviors



Rape Culture



Tolerance of the behaviors at the bottom supports or excuses those higher up. To change outcomes, we must change the culture.

If you see something, say something!
Start the conversation today.

www.11thPrincipleConsent.org




Continuing This Work Beyond the Red Zone



Beyond the Red Zone

Addressing Harmful Narratives on Campus

1. Recognize and Acknowledge
2. Ask Open-Ended Questions
3. Share Facts and Resources
4. Model Empathy and Support



Anything is possible
when you have the
right people there
to support you

MISTY COPELAND



Beyond the Red Zone

Reflective Practices for Yourself

1. Reflect on Your Own Biases
2. Consider Your Language Options
3. Encourage a Culture of Accountability
4. Practice Active Listening
5. Seek Ongoing Education





What Does Your Support Mean To Students?



Students Seeing Your Support

- You're a person they can get helpful resources from
- Creates a sense of greater awareness
- Feels supported in speaking up
- Helps build trust among students, staff & faculty
- Seen as a possible safer space for disclosure



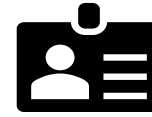
Supporting Our Red Zone Programming



Be A Red Zone Support Champion!



Post the link to The Red Zone website in your online platform where you mainly communicate with students



Share SARNCO & The Office of Institutional Equity's contact info with students



Talk about the information you learned at this micro session with students



List the SWC as a resource for more information on this topic



Watch previously recorded micro sessions that cover a range of topics specific to your role as staff + faculty



Invite SWC into class to talk about sexual violence prevention + healthy relationships



Provide extra credit for students attending an event



Statewide & Other Resources



Ohio Alliance to End Sexual Violence
Ohio Department of Health Prevention Resources
SARNCO (Franklin County's Rape Crisis Center)
Ohio Sexual Violence Helpline (find a rape crisis center in Ohio)
Shattering the Red Zone – PAVE
Rape and Incest National Network
It's On Us
Join One Love
Love Is Respect
National Sexual Violence Resource Center



Campus Resources



Office of
Institutional Equity

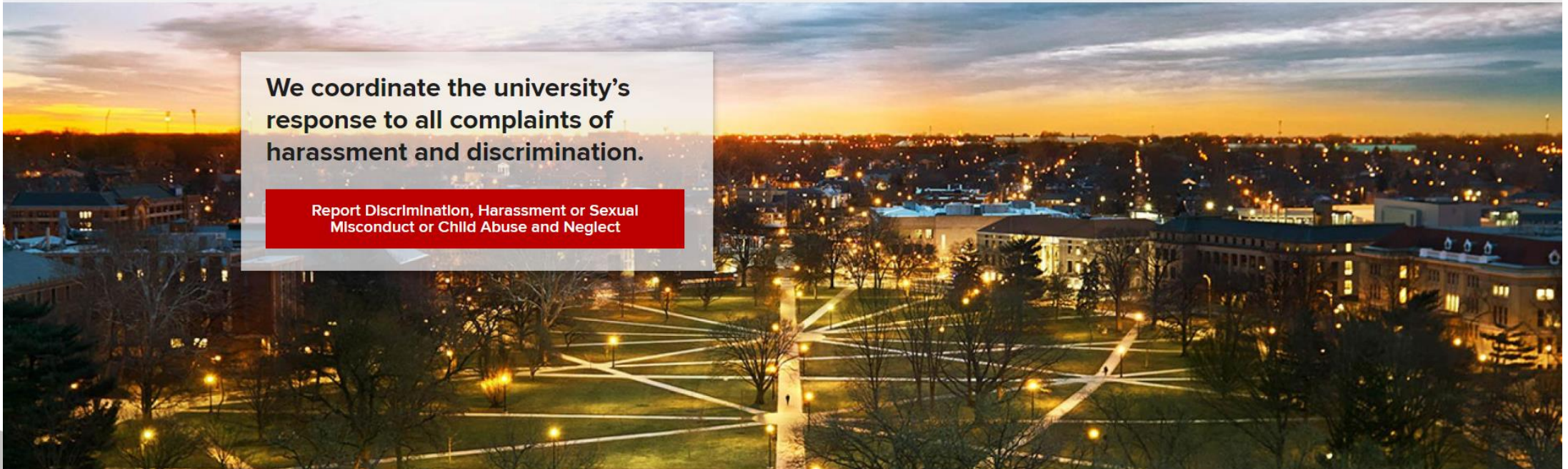


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**We coordinate the university's
response to all complaints of
harassment and discrimination.**

**Report Discrimination, Harassment or Sexual
Misconduct or Child Abuse and Neglect**



Has sexual violence impacted your life or someone you know?

SARNCO offers free, confidential, independent assistance to anyone on campus impacted by sexual violence.

Our Ohio State University office serves to OSU students, staff, faculty and visitors:

- Confidentiality
- Crisis response
- Emotional support and listening
- Support with protection orders
- Safety planning
- Connection to vital resources
- Support with Title IX sexual misconduct procedures



We're here to help. Scan the QR code to contact us today.



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Your Feedback Matters



Visit go.osu.edu/swcpresentation or Scan our QR code



Thank You

Student Wellness Center
RPAC Room B130



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