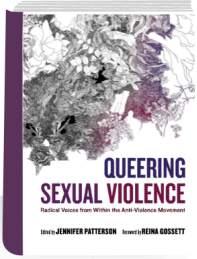


Click on each book to read more and find where to access them

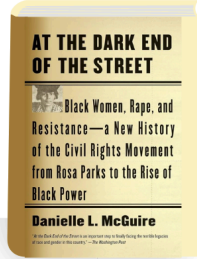
# Best Books To Read During The Red Zone



## Queering Sexual Violence

by Jennifer Patterson

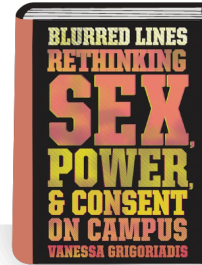
✔️ LGBTQ+ Focus



## At The Dark End of The Street

by Danielle L. McGuire

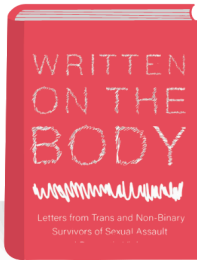
✔️ Black History



## Blurred Lines

by Vanessa Grigoriadis

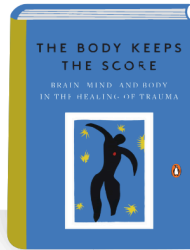
✔️ College Campus Focus



## Written On The Body

by Lexie Bean

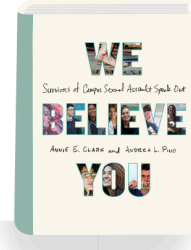
✔️ Trans & NB Focus



## The Body Keeps The Score

by Bessel van der Kolk

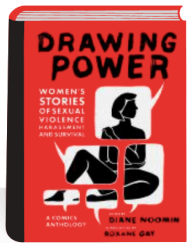
✔️ Brain & Body Connection



## We Believe You

by Annie E. Clark & Andrea L. Pino

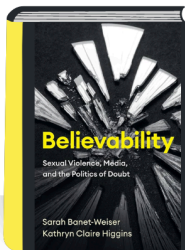
✔️ College Campus Focus



## Drawing Power

by Diane Nootin

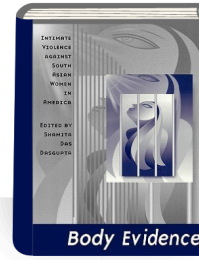
✔️ Non-Fiction Comic



## Believability: SV, Media, & The Politics of Doubt

by Sarah Banet-Weiser & Kathryn Claire Higgins

✔️ IPV In Media Culture



## Body Evidence

by Shamita Das Dasgupta & more

✔️ South Asian Focus



## The Revolution Starts At Home

by Ching-In Chen, Jai Dulani, and Leah Lakshmi P.

✔️ IPV In Social Justice  
✔️ BIPOC & LGBTQ+ Focus



## Asking For It

by Kate Harding

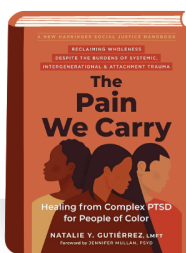
✔️ Violence Prevention Research



## Sexual Violence As A Weapon of War

by Maria Baaz & Maria Stern

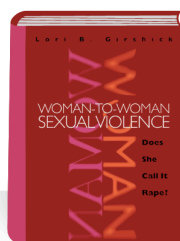
✔️ SV & Global Security



## The Pain We Carry

by Natalie Y. Gutiérrez, LMFT

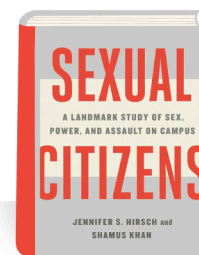
✔️ BIPOC Focus  
✔️ CPTSD Focus



## Woman-To-Woman Sexual Violence

by Lori Girshick

✔️ WLW Focus  
✔️ Heterosexism In SV Prevention



## Sexual Citizens

by Jennifer S. Hirsch, Shamus Khan

✔️ College Campus Focus

## **Queering Sexual Violence: Radical Voices within the Antiviolence Movement**

*By Jennifer Patterson.*

Often pushed to the margins, queer, transgender and gender non-conforming survivors have been organizing in anti-violence work since the birth of the movement. *Queering Sexual Violence: Radical Voices from Within the Anti-Violence Movement* locates them at the center of the anti-violence movement and creates a space for their voices to be heard. Moving beyond dominant narratives and the traditional “violence against women” framework, the book is multi-gendered, multi-racial and multi-layered.

This thirty-seven piece collection disrupts the mainstream conversations about sexual violence and connects them to disability justice, sex worker rights, healing justice, racial justice, gender self-determination, queer & trans liberation and prison industrial complex abolition through reflections, personal narrative, and strategies for resistance and healing. Where systems, institutions, families, communities and partners have failed them, this collection lifts them up, honors a multitude of lived experiences and shares the radical work that is being done outside mainstream anti-violence and the non-profit industrial complex.

Where To Access:

- [Available By Request at OhioLINK](#)

## **Written on the Body: Letters from Trans and Nonbinary Survivors of Sexual Assault and Domestic Violence**

*Edited By Lexie Bean. Various Contributors.*

Written by and for trans and non-binary survivors of domestic violence and sexual assault, *Written on the Body* offers support, guidance and hope for those who struggle to find safety at home, in the body, and other unwelcoming places. This collection of letters written to body parts weaves together narratives of gender, identity, and abuse. It is the coming together of those who have been fragmented and often met with disbelief. The book holds the concerns and truths that many trans people share while offering space for dialogue and reclamation. Written with intelligence and intimacy, this book is for those who have found power in re-shaping their bodies, families and lives.

Where To Access:

- [Available By Request at OhioLINK](#)

## **The Body Keeps The Score**

*By Bessel van der Kolk, M.D.*

Trauma is a fact of life. Veterans and their families deal with the painful aftermath of combat; one in five Americans has been molested; one in four grew up with alcoholics; one in three couples have engaged in physical violence. Such experiences inevitably leave traces on minds, emotions, and even on biology. Sadly, trauma sufferers frequently pass on their stress to their partners and children. Renowned trauma expert Bessel van der Kolk has spent over three decades working with survivors. In *The Body Keeps the Score*, he transforms our understanding of traumatic stress, revealing how it literally rearranges the brain’s wiring—specifically areas dedicated to pleasure, engagement, control, and trust. He shows how these areas can be reactivated through innovative treatments including neurofeedback, mindfulness techniques, play, yoga, and other therapies. Based on Dr. van der Kolk’s own research and that of other leading

specialists, *The Body Keeps the Score* offers proven alternatives to drugs and talk therapy—and a way to reclaim lives.

Where To Access:

- [Columbus Metropolitan Library](#)
- [Available by request through OhioLINK](#)

### **At The Dark End of The Street**

*By Danielle L. McGuire*

Rosa Parks was often described as a sweet and reticent elderly woman whose tired feet caused her to defy segregation on Montgomery's city buses, and whose supposedly solitary, spontaneous act sparked the 1955 bus boycott that gave birth to the civil rights movement. The truth of who Rosa Parks was and what really lay beneath the 1955 boycott is far different from anything previously written. In this groundbreaking and important book, Danielle McGuire writes about the rape in 1944 of a twenty-four-year-old mother and sharecropper, Recy Taylor, who strolled toward home after an evening of singing and praying at the Rock Hill Holiness Church in Abbeville, Alabama. Seven white men, armed with knives and shotguns, ordered the young woman into their green Chevrolet, raped her, and left her for dead. The president of the local NAACP branch office sent his best investigator and organizer—Rosa Parks—to Abbeville. In taking on this case, Parks launched a movement that exposed a ritualized history of sexual assault against Black women and added fire to the growing call for change.

Where To Access:

- [Available by request through OhioLINK](#)

### **Blurred Lines: Rethinking Sex, Power & Consent on Campus**

*By Vanessa Grigoriadis*

A new sexual revolution is sweeping the country, and college students are on the front lines. Few places in America have felt the influence of #MeToo more intensely. Indeed, college campuses were in many ways the harbingers of #MeToo. Grigoriadis captures the nature of this cultural reckoning without shying away from its complexity. College women use fresh, smart methods to fight entrenched sexism and sexual assault even as they celebrate their own sexuality as never before. Many “woke” male students are more open to feminism than ever, while others perpetuate the cruelest misogyny. Coexisting uneasily, these students are nevertheless rewriting long-standing rules of sex and power from scratch. Eschewing any political agenda, Grigoriadis travels to schools large and small, embedding in their social whirl and talking candidly with dozens of students, as well as to administrators, parents, and researchers. *Blurred Lines* is a riveting, indispensable illumination of the most crucial social change on campus in a generation.

Where To Access:

- [Columbus Metropolitan Library](#)
- [Thompson Library](#)
- [Moritz Law Library](#)

### **We Believe You: Survivors of Campus Sexual Assault Speak Out**

*By Annie E. Clark and Andrea L. Pino*

From young activists at the forefront of the movement to end sexual assault on college campuses, a collection of survivor stories that will connect with students and inform and inspire us all Across the U.S.

student activists are exposing a pervasive cover-up of sexual assault on college campuses. Every day more survivors come forward. But other survivors choose not to. *We Believe You* elevates the stories the headlines about this issue have been missing--more than 30 experiences of trauma, healing and everyday activism, representing a diversity of races, economic and family backgrounds, gender identities, immigration statuses, interests, capacities and loves. More than 1 in 5 women and 5 percent of men are sexually assaulted at college, a shocking status quo that might have stayed largely hidden and unaddressed but for the two authors of *We Believe You*. In 2013, Annie E. Clark and Andrea L. Pino, then 23 and 20, building on the work of earlier activists, outed themselves as assault survivors and filed a federal complaint against the University of North Carolina (Chapel Hill) for mishandling such crimes; within a month, the U.S. government began to investigate UNC. Within a year, dozens of colleges were under federal investigation. But Clark and Pino rightly see themselves as two among many. Students from every kind of college and university--large and small, public and private, highly selective and less so--are sounding alarms and staking claims to justice by filing complaints, by pressing charges, and by simply living beyond the effects of assault and the betrayals of their schools. A sampling of their voices speak out in this book.

Where To Access:

- [Columbus Metropolitan Library](#)
- [Available by request from OhioLINK](#)

### **Drawing Power: Women's Stories of Sexual Violence, Harassment, and Survival**

*By Diane Noomin & Other Contributors*

Inspired by the global #MeToo Movement, *Drawing Power: Women's Stories of Sexual Violence, Harassment, and Survival* is a collection of original, nonfiction comics drawn by more than 60 female cartoonists from around the world. Featuring such noted creators as Emil Ferris, Aline Kominsky-Crumb, MariNaomi, Liana Finck, and Ebony Flowers the anthology's contributors comprise a diverse group of many ages, sexual orientations, and races—and their personal stories convey the wide spectrum of sexual harassment and abuse that is still all too commonplace. With a percentage of profits going to RAINN, *Drawing Power* is an anthology that stokes the fires of progressive social upheaval, in the fight for a better, safer world.

Where To Access:

- [Columbus Metropolitan Library](#)
- [Available by request from OhioLINK](#)

### **Believability: Sexual Violence, Media, and the Politics of Doubt**

*By Sarah Banet-Weiser and Kathryn Claire Higgins*

The #MeToo movement created more opportunities for women to speak up about sexual assault. But we are also living in a time when “fake news” and “alternative facts” call into question the very nature of truth. This troubling paradox is at the heart of this compelling book. The convergence of #MeToo and the crisis of post-truth is used to explore the experiences of women and people of color whose claims around issues of sexual violence are often held in doubt. Banet-Weiser and Higgins investigate how the gendered and racialized logics of “believability” are defined and contested within media culture, proposing that a mediated “economy of believability” is the context in which public bids for truth about sexual violence are made, negotiated, and authorized today.

Where To Access:

- [Available by request from OhioLINK](#)

### **Body Evidence: Intimate Violence Against South Asian Women In America**

*By Shamita Das Dasgupta*

When South Asians immigrated to the United States in great numbers in the 1970s, they were passionately driven to achieve economic stability and socialize the next generation to retain the traditions of their home culture. During these years, the immigrant community went to great lengths to project an impeccable public image by denying the existence of social problems such as domestic violence, sexual assault, child sexual abuse, mental illness, racism, and intergenerational conflict. It was not until recently that activist groups have worked to bring these issues out into the open.

In *Body Evidence*, more than twenty scholars and public health professionals uncover the unique challenges faced by victims of violence in intimate spaces . . . within families, communities and trusted relationships in South Asian American communities. Topics include cultural obsession with women's chastity and virginity; the continued silence surrounding intimate violence among women who identify themselves as lesbian, bisexual, or transgender; the consequences of refusing marriage proposals or failing to meet dowry demands; and, ultimately, the ways in which the United States courts often confuse and exacerbate the plights of these women.

Where To Access:

- [Thompson Library](#)

### **The Revolution Starts At Home: Confronting Intimate Violence Within Activist Communities**

*By Ching-In Chen, Jai Dulani, Leah Lakshmi Piepzna-Samarasinha*

Was/is your abusive partner a high-profile activist? Does your abusive girlfriend's best friend staff the domestic violence hotline? Have you successfully kicked an abuser out of your group? Did your anti-police brutality group fear retaliation if you went to the cops about another organizer's assault? Have you found solutions where accountability didn't mean isolation for either of you? Was the 'healing circle' a bunch of bullshit? Is the local trans community so small that you don't want you or your partner to lose it?

"We wanted to hear about what worked and what didn't, what survivors and their supporters learned, what they wish folks had done, what they never want to have happen again. We wanted to hear about folks' experiences confronting abusers, both with cops and courts and with methods outside the criminal justice system."

—The Revolution Starts at Home collective

Long demanded and urgently needed, *The Revolution Starts at Home: Confronting Intimate Violence Within Activist Communities* finally breaks the dangerous silence surrounding the “secret” of intimate violence within social justice circles. This watershed collection of stories and strategies tackles the multiple forms of violence encountered right where we live, love, and work for social change—and delves into the nitty-gritty on how we might create safety from abuse without relying on the state. Drawing on over a decade of community accountability work, along with its many hard lessons and unanswered questions, *The Revolution Starts at Home* offers potentially life-saving alternatives for creating survivor safety while building a movement where no one is left behind.

Where To Access:



- [Mortiz Law Library](#)

### **Asking For It: The Alarming Rise of Rape Culture**

*By Kate Harding*

If American women couldn't laugh about the way we discuss rape in this culture, half of us would be sobbing constantly, while the other half, one can only assume, would be arming themselves for the revolution. In the last few years, a series of Republican politicians have introduced memorable phrases into the American lexicon that reveal their automatic suspicion of women who report rape: "forcible rape," "honest rape," "legitimate rape," and "emergency rape" are some choice favorites. These qualified terms reveal what a lot of Americans--too many of them in public office--believe down deep: There's rape, and then there's rape-rape. Disturbingly, most of us do support rape, whether in subtle ways ("All women should take self-defense classes!") or blatantly misogynistic ones ("Hot sex with a crazy bitch"). That's how culture works. You're soaking in it. This is the first book since 2008's *Yes Means Yes!* to tackle the subject of rape culture, and I'm pretty sure it's the first non-academic, single-author book since the 1990s to examine sexual assault as a social phenomenon. Harding explores how rape culture manifests itself via media narratives about sexual assault victims and perpetrators--and how those change, depending on the age, race, sexual orientation, gender identity and fame of both victim and offender. Through that lens, she will take a close look at the three pillars of rape culture--excusing the accused, blaming the victim, and insisting that individual women can and must protect themselves from rape.

Where To Access:

- [Columbus Metropolitan Library](#)
- [Available by request from OhioLINK](#)

### **Sexual Violence As A Weapon of War? Perceptions, Prescriptions, Problems in The Congo & Beyond**

*By Maria Eriksson Baaz, Professor Maria Stern, and Nordic Africa Institute*

All too often in conflict situations, rape is referred to as a 'weapon of war', a term presented as self-explanatory through its implied storyline of gender and warring. In this provocative but much-needed book, Eriksson Baaz and Stern challenge the dominant understandings of sexual violence in conflict and post-conflict settings. Reading with and against feminist analyses of the interconnections between gender, warring, violence and militarization, the authors address many of the thorny issues inherent in the arrival of sexual violence on the global security agenda. Based on original fieldwork in the Democratic Republic of the Congo, as well as research material from other conflict zones, *Sexual Violence as a Weapon of War?* challenges the recent prominence given to sexual violence, bravely highlighting various problems with isolating sexual violence from other violence in war. A much-anticipated book by two acknowledged experts in the field, on an issue that has become an increasingly important security, legal and gender topic.

Where To Access:

- [Moritz Law Library](#)

### **The Pain We Carry: Healing From Complex PTSD For People of Color**

*By Maria Eriksson Baaz, Professor Maria Stern, and Nordic Africa Institute*

All too often in conflict situations, rape is referred to as a 'weapon of war', a term presented as self-explanatory through its implied storyline of gender and warring. In this provocative but much-needed book, Eriksson Baaz and Stern challenge the dominant understandings of sexual violence in conflict and

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Where To Access:

- [Moritz Law Library](#)

### **Woman-To-Woman Sexual Violence: Does She Call It Rape?**

*By Lori B. Girshick*

A woman raping another woman is unthinkable. This is not how women behave, society tells us. Our legal system is not equipped to handle woman-to-woman sexual assault, our women's services do not have the resources or even the words to reach out to its victims, and our lesbian and gay communities face hurdles in acknowledging its existence. Already dealing with complex issues related to their sexual identities, and frequently overwhelmed by shame, lesbian and bisexual survivors of such violence are among the most isolated of crime victims.

In a work that is sure to stir controversy, Lori B. Girshick exposes the shocking, hidden reality of woman-to-woman sexual violence and gives voice to the abused. Drawing on a nationwide survey and in-depth interviews, Girshick explores the experiences and reflections of seventy women, documenting what happened to them, how they responded, and whether they received any help to cope with the emotional impact of their assault. The author discusses how the lesbian community has silenced survivors of sexual violence due to myths of lesbian utopia, and considers what role societal homophobia, biphobia, and heterosexism has played in this silencing. Ranging from date and acquaintance rape, to domestic sexual abuse by partners, to sexual harassment in the workplace, these explicit and harrowing stories provide a fuller understanding of woman-to-woman sexual violence than exists anywhere else.

This provocative book offers much-needed insights on a subject rarely discussed in the literature on domestic violence, and it does so with compassion. Above all, it recommends how agencies can best provide services, outreach, and treatment to survivors of woman-to-woman rape and lesbian battering, using suggestions by the survivors themselves.

Where To Access:

- [Thompson Library](#)
- [Moritz Law Library](#)

### **Sexual Citizens: A Landmark Study of Sex, Power, and Assault on Campus**

*By Jennifer S. Hirsch, Shamus Khan*

A groundbreaking study that transforms how we see and address the most misunderstood problem on college campuses: widespread sexual assault. The fear of campus sexual assault has become an inextricable part of the college experience. Research has shown that by the time they graduate, as many as one in three women and almost one in six men will have been sexually assaulted. But why is sexual assault such a common feature of college life? And what can be done to prevent it? Drawing on the

Sexual Health Initiative to Foster Transformation (SHIFT) at Columbia University, the most comprehensive study of sexual assault on a campus to date, Jennifer S. Hirsch and Shamus Khan present an entirely new framework that emphasizes sexual assault's social roots—transcending current debates about consent, predators in a “hunting ground,” and the dangers of hooking up.

Sexual Citizens is based on years of research interviewing and observing college life—with students of different races, genders, sexual orientations, and socioeconomic backgrounds. Hirsch and Khan's landmark study reveals the social ecosystem that makes sexual assault so predictable, explaining how physical spaces, alcohol, peer groups, and cultural norms influence young people's experiences and interpretations of both sex and sexual assault. Through the powerful concepts of “sexual projects,” “sexual citizenship,” and “sexual geographies,” the authors offer a new and widely-accessible language for understanding the forces that shape young people's sexual relationships. Empathetic, insightful, and far-ranging, Sexual Citizens transforms our understanding of sexual assault and offers a roadmap for how to address it.

Where To Access:

- [Columbus Metropolitan Library](#)
- [Available by request from OhioLINK](#)